

Inner Roads, Inc

Clinical Field Guide Intern

Agency Description:

Inner Roads, Inc. is a 501(c)3 non-profit agency based out of Missoula, MT. We provide intensive evidence-based therapeutic interventions, utilizing backpacking expeditions to accelerate growth, healing, and empowerment in at-risk youth. Our outdoor program uses a strength-based approach to guide struggling teens as they gain confidence and insight, build motivation, develop communication skills, practice healthy relationships, and gain agency in their lives.

Position Description:

Clinical Field Interns are direct care providers and are responsible for ensuring a safe and therapeutic milieu in an outdoor environment for our groups of 14-17 year old struggling teens.

These interns have formal mental health and/or social work training, and have graduated from or are currently enrolled in a Master's Degree program for a related field. Along with their co-guides, Clinical Field Interns guide groups of up to six students on backpacking expeditions. Guides work 9-17 day shifts in the wilderness at a time, followed by a minimum of 6 days off.

Clinical Interns have the additional opportunity to guide three-day family therapy retreats for increased practice in family-systems work. In collaboration with a Certified Field Guide, Clinical Interns are in charge of group structure, critically high supervision, physical & emotional safety, facilitating curriculum, teaching wilderness skills, and participating in weekly treatment meetings with our Program Therapist. Certified training in de-escalation and restraint intervention is provided during our experiential trainings. Clinical interns work toward a deeper understanding of Mental Health Diagnosis and Treatment Planning by collaborating on and overseeing the fulfillment of each youth's individualized treatment

plan. Interns can count up to 12 direct hours of care per day, and over 400 Direct Care hours per season. Professional Development continues during Indirect Hours outside of the field as interns become familiarized with common billing procedures, treatment forms, and software used in both agencies and private practice.

Responsibilities:

- Provide Inner Roads with all forms and contact information necessary to ensure reception of appropriate clinical supervision or internship hours in alignment with University Internship and/or State Licensing guidelines.
- Direct care & supervision of clients in need of an acute level of residential care, including maintaining physical & emotional safety.
- Participate in weekly treatment planning with Program Therapist & execute treatment plans while in the field, and report all clinical concerns on a daily basis while in the field.
- Complete daily case notes on client progress, treatment plans, & physical concerns.
- Daily communication via satellite device with Program Director (shared responsibility with guides).
- Maintain therapeutic relationship with youth, including acting as an example in all areas of personal conduct and self-care.
- Facilitate program elements, including therapeutic and academic curriculum.

Requirements:

- Be at least 21 years of age; Currently enrolled or graduated from Master's Degree program for psychology-related field.
- Pass State and Federal background check
- Receive certification of De-escalation and Restraint training during Inner Roads' training prior to working with youth.
- Provide proof of and maintain current First Aid and adult CPR

certification.

- Pass state-required medical physical prior to staff training, including approval to up to 60lbs at 8,000ft of elevation. Due to the unique backcountry work environment and critical needs of program participants, staff and interns must disclose all medical conditions to Program Director prior to staff training. Inner Roads does not discriminate based on physical or mental health diagnoses, and will use sound judgement to ensure that the health of direct care providers can be appropriately supported to ensure the ongoing safety of program participants.
- Provide proof of health insurance coverage for the period of time in the field, as workers' compensation applies only to formal employees of Inner Roads.
- Actively participate in pre-season Staff Training and post-season Debrief.
- Have experience with youth in either an outdoor OR clinical setting.
- Provide proof of graduation or current enrollment in a Master's level program directly related to Mental Health.

Salary/benefits: Interns receive a \$250 stipend per 9-day shift spent in the field, and clinical supervision is provided by the Program Therapist, who is a Licensed Clinical Professional Counselor (LCPC) in the state of Montana.

Schedule: In 2021, we are providing two expeditions between May and August in the Selway-Bitterroot Wilderness & Helena National Forests. Mandatory training for all positions will be held in May (dates TBD) in Missoula, MT, as well as a Season Debrief in August. Guides work 9-17 day shifts at a time, followed by a minimum of 6 days off. Guides meet with our Program Director the Thursday morning following their shift for debriefing & staff development. Shift schedules will be provided once hiring is complete. Interns work for a total of five shifts per season, and

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